

## 50 Commands of Christ - 6 - (#26-29)

### **26. Take my yoke**—*Matthew 11:29.*

What did Jesus mean by this command? (*John 13:15, Philippians 2:5, 1 Peter 2:21, 1 John 2:6*)

Is this a new command? (*Isaiah 30:21*)

If we obey this command, what does Jesus say will happen to us? (*Jeremiah 6:16, Psalm 116:7*)

### **27. Honor your parents**—*Matthew 15:4.*

Was this a new command of Jesus? (*Exodus 20:12, 21:17, Deut. 5:16, Lev. 20:9*)

To who did Jesus give this command? Does that mean it's not meant for us?

What if your parents don't deserve your honor or respect?

What do you think of the extreme penalty for disobeying this command?

### **28. Beware of false teaching**—*Matthew 16:6, 11-12.*

Jesus likens wrong ideas to yeast. What does that mean? Can one small wrong idea get you into trouble? How?

How can we judge whether the spiritual teaching we receive is healthy or dangerous?

### **29. Deny yourself**—*Luke 9:23 (Also Matthew 10:38 and Mark 8:34).*

What does it mean to "take up your cross?"

How about "to deny yourself?" In what do you take the most pride? Why?

Have you ever made a sacrifice for the sake of someone else? When? How?

In what ways can you lose your life for Jesus?

## 50 Commands of Christ - 6 - (#26-29) — Leader's Notes

### **26. Take my yoke**

Matthew 11:29 - Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls.

John 13:15 - I have set you an example that you should do as I have done for you.

Philippians 2:5 - Your attitude should be the same as that of Christ Jesus.

1 Peter 2:21 - To this you were called, because Christ suffered for you, leaving you an example, that you should follow in his steps.

1 John 2:6 - Whoever claims to live in him must walk as Jesus did.

Isaiah 30:21 - Whether you turn to the right or to the left, your ears will hear a voice behind you, saying, "This is the way; walk in it."

Jeremiah 6:16 - This is what the LORD says: "Stand at the crossroads and look; ask for the ancient paths, ask where the good way is, and walk in it, and you will find rest for your souls. But you said, 'We will not walk in it.'

Psalms 116:7 - Be at rest once more, O my soul, for the LORD has been good to you.

### **27. Honor your parents**

Matthew 15:4 - For God said, 'Honor your father and mother' and 'Anyone who curses his father or mother must be put to death.'

Exodus 20:12 - Honor your father and your mother, so that you may live long in the land the LORD your God is giving you.

Deut. 5:16 - Honor your father and your mother, as the LORD your God has commanded you, so that you may live long and that it may go well with you in the land the LORD your God is giving you.

Exodus 21:17 - Anyone who curses his father or mother must be put to death.

Lev. 20:9 - If anyone curses his father or mother, he must be put to death. He has cursed his father or his mother, and his blood will be on his own head.

## **28. Beware of false teaching**

Matthew 16:6 - “Be careful,” Jesus said to them. “Be on your guard against the yeast of the Pharisees and Sadducees.”

Matthew 16:11-12 - <sup>11</sup> How is it you don't understand that I was not talking to you about bread? But be on your guard against the yeast of the Pharisees and Sadducees. <sup>12</sup> Then they understood that he was not telling them to guard against the yeast used in bread, but against the teaching of the Pharisees and Sadducees.

## **29. Deny yourself**

Luke 9:23 - <sup>23</sup> Then he said to them all: “If anyone would come after me, he must deny himself and take up his cross daily and follow me. <sup>24</sup> For whoever wants to save his life will lose it, but whoever loses his life for me will save it. <sup>25</sup> What good is it for a man to gain the whole world, and yet lose or forfeit his very self?

The cross was an instrument of death and here symbolizes the necessity of total commitment—even unto death—on the part of Jesus' disciples. Cross bearing includes a willingness to suffer and die for the Lord's sake.

To deny yourself means to cease to make yourself the object of one's life and actions.